

BEGINNING OF YEAR FAST 2023

DAY 1

6am Watch

Bible Reading: Psalm 92:1–5

- 1. Thank God and praise Him mightily for the great privilege to see another year. (Isaiah 38:18–20).**
- 2. Thank God for His mercies over your life in this new year. (Lamentations 3:22–23).**
- 3. Thank God for the good plans He has for you this year. (Jeremiah 29:11).**

9am Watch

Bible Reading: Psalm 147:15

- 1. Thank God for His sent Word this year – Exploits. (Daniel 11:32).**
- 2. Thank God for the great and mighty things He is set to do in you, for you and through you this year. (Luke 1:49).**
- 3. Ask God to uproot every hindrance in you and around you that will hinder you from doing exploits this year. (Matthew 15:13).**

Noon Watch

Bible Reading: Isaiah 40:28–31

- 1. Pray that in this fast, God will renew your strength.**
- 2. Pray that you will mount up with wings as the eagles.**
- 3. Pray for supernatural strength to do exploits.**

3pm Watch

1. Personal prayer points

- 2. Congregational Prayer holds by 6pm today at The Patron Hotel, KM 20, Lekki–Epe Expressway, Sangotedo, Lagos. Or join online via www.hermoncentre.org**